Guest Lecture
Prevention of Type 2 Diabetes - The Scientific Evidence

Date: Tuesday, June 7, 2016
Time: 10:00 AM to 11:00 AM
Venue: GREEN LIBRARY ROOM 166

Please RSVP to taperez@fiu.edu

Jaakko Tuomilehto,
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Professor Emeritus of Public Health of the University of Helsinki, Finland
Chief Scientific Officer at Dasman Diabetes Institute in Kuwait

Biography

Dr. Jaakko Tuomilehto’s research interests include the epidemiology and prevention of non-communicable diseases such as diabetes, CVD, cancer and dementia. He has contributed many landmark studies, The North Karelia Project in Finland, WHO MONICA project on cardiovascular diseases and WHO DIAMOND project on epidemiology of type 1 diabetes, and the Finnish Diabetes Prevention Study (DPS) that demonstrated a remarkable 58% reduction in the incidence of type 2 diabetes with lifestyle intervention.

He also established large international collaborative studies of diabetes epidemiology, the DECODE/DECODA (Diabetes Epidemiology-Collaborative analysis of Diagnostic Criteria in Europe/Asia) studies that have assessed the glucose criteria for the diagnosis of diabetes. He has been involved in many controlled trials that have established the evidence base for the current management guidelines of chronic diseases.

He has been acting as a member several ADA and WHO committees on diabetes and CVD. He has played an active role within the European Society of Cardiology, and was a member of the recent European “Diabetes and Cardiovascular Disease Guideline” task force.